PORT HUNTER ZONE CHAMPIONSHIP

SAT 16TH - SUN 17 NOVEMBER
FEDERAL PARK, WALLSEND

Event entries: ENTRY FORM

- **Age 7 - 11's choose up to 4 events**
- **Age 12-17's choose up to 6 events**

Event	7's	8's	9's	10's	11's	12's	13's (Under 14)	14's (Under 15)	15's (Under 16)	16's (Under 17)	17's (Under 18)
50m											
70m											
100m											
200m											
400m		Pack Start									
500m	Pack Start										
700m		Pack Start									
800m											
1500m											
3000m											
Walks			700m	1100m	1100m	1500m	1500m	1500m	1500m	1500m	1500m
Sprint Hurdles			60m	60m	80m	80m	80m (F); 90m (M)	90m (F); 100m (M)	90m (F); 100m (M)	100m (F); 110m (M)	100m (F); 110m (M)
Hurdles							200m	300m	300m	400m	400m
High Jump			Scissor	Scissor							
Long Jump											
Triple Jump											
Discus Throw											
Javelin Throw											
Shot Put											
Relay*											